**Covid-19 Full Policies Overview**

**January 2022 - Present**

**Therapy during the pandemic:**   
This policy considers the Covid-19 pandemic and a ‘Safe Working Practice’ outlining our responsibilities towards each other at this time.   
Please read it carefully and when you wish to return to face to face work please confirm (in writing-via email) that you have read, understood and agree to the measures below.

**During practice hours, I will:**

**-** Sanitise my hands at the start of the working day and between sessions   
- Disinfect surfaces, including tables, doors, banisters and bathroom facilities at the start of the working day and between sessions   
- Open the window between appointments in order to air out the consultation room. When possible, we can have the window open during a session, to ensure continued ventilation  
- Provide sealed bottled water available for your/your child’s safe consumption.   
- Provide tissues for your/your child’s use (for you to dispose of)   
- Provide disposable gloves for anyone who wants to use them  
- Provide alcohol-based hand sanitiser in the consultation room for your/your child’s use  
- Cough or sneeze into a tissue and then re-sanitise my hands

**Please note:**

* **I will not be wearing a face mask during sessions unless you request I do so**
* **I have received 2 AstraZeneca Vaccinations & One Booster**

**I request that you or your child**

- Sanitise or wash their hands before the session begins; there is a hand basin in the bathroom downstairs in the foyer, with hand wash and a sensor activated hand dryer   
- Kindly pay for sessions by bank transfer in advance of your appointment (if you are self-funding)  
- If you or your child needs to cough or sneeze, please do so in your mask, into a tissue or sleeve of your clothing and re-sanitise your hands

Physical distancing will be adhered to, as will a limitation in sharing equipment, however often in sessions, particularly with young children, this may not be possible, so hand sanitiser will be offered/available on arrival, during sessions and when leaving the premises.

**What I will do if I am symptomatic**:   
- I will contact you as soon as possible to let you know if I have to cancel sessions and again to let you know when sessions resume.   
- Due to the government’s ‘test and trace’ system, if I test positive for Covid-19, I may have to disclose the names of individuals I have been in contact with ‘in the public interest’.   
However, I will not offer information regarding the context in which we were in contact with each other.

**What you should do if you are symptomatic**:   
- If you are experiencing any symptoms, however mild, you/your child should not attend your upcoming appointment.   
- Please let me know via email, text or voicemail that you are cancelling your session. I will hold the session until you or your child are well enough to attend again.   
- You may also opt for alternative provision if you feel well enough to participate in sessions remotely (see below)

**Alternative provision:** If you or your child cannot attend sessions due to having to self-isolate, or if you are worried about attending at any point, please let me know. I can, where practicable, offer you the alternative of.   
If you would like further information about these ways of working, please let me know.

**Reviewing Procedures:**The procedures outlined above are subject to change at short notice according to evolving health guidelines. I will keep you updated of any changes.

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